

# NO PROBLEM IS TOO BIG... OR TOO SMALL.



**FREE helpline for 5-18 year olds.**  
**Phone and Web Chat counselling**

**Call 0800 WHATSUP (0800 942 8787)**  
Mobile or landline

Monday to Friday 12pm-11pm  
Saturday and Sunday 3pm-11pm

**What's Up Web Chat**  
[www.whatsup.co.nz](http://www.whatsup.co.nz)

Monday to Sunday 5pm-10pm



Proudly  
brought  
to you by  
Barnardos

